



OUTEIRINHO

freshness in every drop

CATALOG
2015



Outeirinho Unit

Since 1992 and in the heart of the Mountain Range of Fafe, a region whose natural beauty is obvious, are found the waters of S. Martinho. These waters are naturally pure, possessing characteristics of quality, purity and transparency. Green, freshness and purity are adjectives that always are used to join the region of Minho. And not without reason: Minho has luxurious vegetation obviously because their land is rich in pure water spring from a number of sources.

Aguarela do Mundo Unit

Due to the water quality that exists in the region, S. Martinhos' s Waters opened, in 2009, its second unit in Ulme-Chamusca. It is a modern unit with state of the art technology and last generation quality control equipment. At Ulme, in addition to bottled natural water, soft drinks are produced as well, being one of the few on the market that are made from spring water.



Frubble

DRINK
Fruit

DRINK
Ice Tea

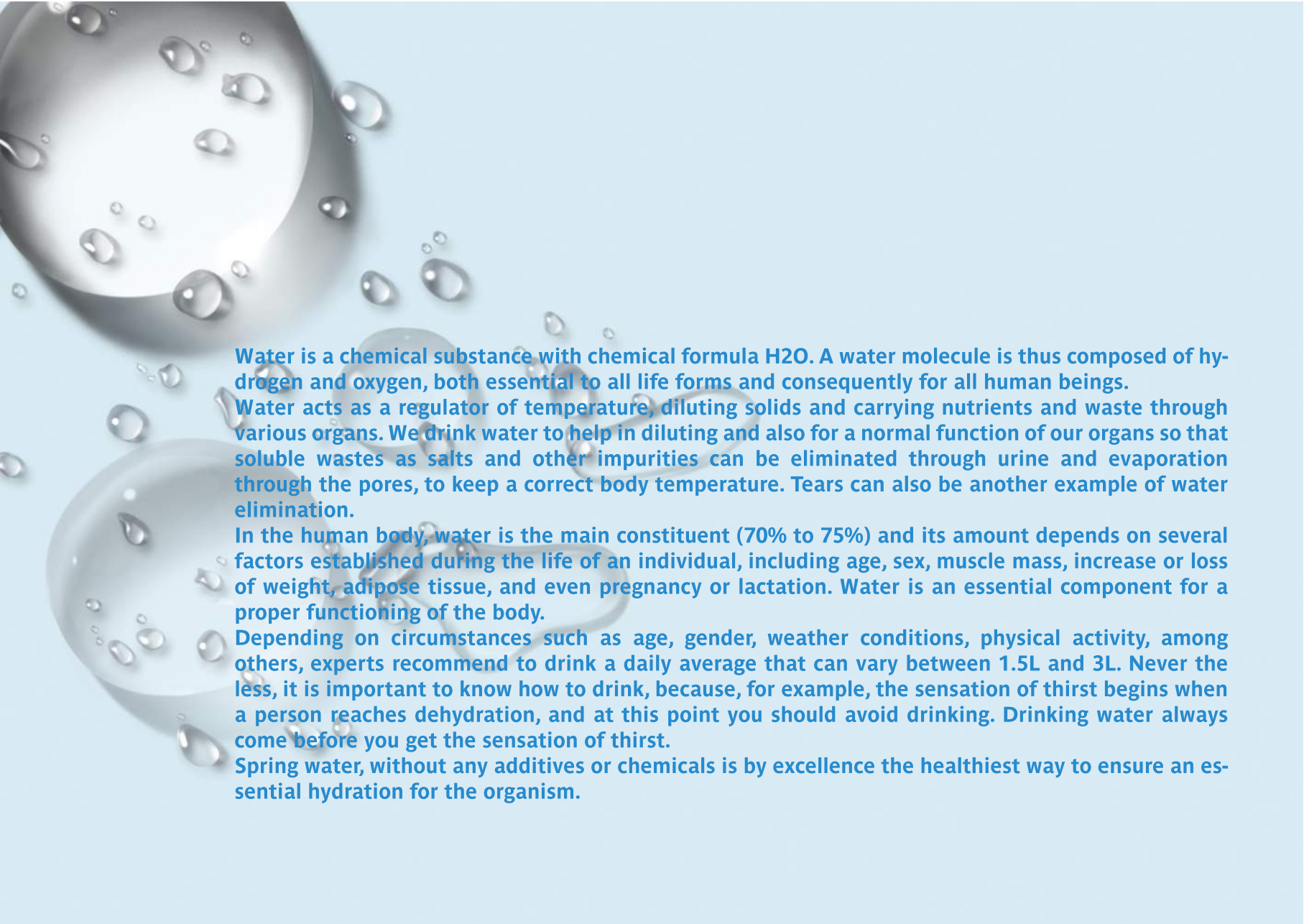
coming soon
DRINK
Nectar



our products

purity





Water is a chemical substance with chemical formula H_2O . A water molecule is thus composed of hydrogen and oxygen, both essential to all life forms and consequently for all human beings.

Water acts as a regulator of temperature, diluting solids and carrying nutrients and waste through various organs. We drink water to help in diluting and also for a normal function of our organs so that soluble wastes as salts and other impurities can be eliminated through urine and evaporation through the pores, to keep a correct body temperature. Tears can also be another example of water elimination.

In the human body, water is the main constituent (70% to 75%) and its amount depends on several factors established during the life of an individual, including age, sex, muscle mass, increase or loss of weight, adipose tissue, and even pregnancy or lactation. Water is an essential component for a proper functioning of the body.

Depending on circumstances such as age, gender, weather conditions, physical activity, among others, experts recommend to drink a daily average that can vary between 1.5L and 3L. Never the less, it is important to know how to drink, because, for example, the sensation of thirst begins when a person reaches dehydration, and at this point you should avoid drinking. Drinking water always come before you get the sensation of thirst.

Spring water, without any additives or chemicals is by excellence the healthiest way to ensure an essential hydration for the organism.



Tare

0,33cl, 0,50cl, 1,5L, 5L, 6L



SÃO MARTINHO

NATUREZA SAGRADA

Properties - Outeirinho Unit

The Water of S.Martinho is hyposaline with an acid reaction and low concentration of alkaline earth ions. The major types of ions found in these waters are sodium and chloride. Sodium plays a fundamental role in the transmission of nerve flow, especially in the interaction between nerves and muscles.

CHEMICAL COMPOSITION:

pH 6,28; HCO_3^- 22,9mg/L; Cl^- 7,8mg/L; Na^+ 9,4mg/L; Ca^{2+} 5,7mg/L; SiO_2 16mg/L; Dry Residue 68mg/L

Properties - Agarela do Mundo Unit

S.Martinhos' water is a trace mineral water, silicate, with relative dominance in bicarbonate, chloride and sodium. Silica is a good indicator, allowing distinguishing genuine mineral waters from spring waters. This water has its identity focused on silica concentration, pH and bicarbonate content. It is an excellent water that comes from a profound aquifer, confined, without any traces of organic or inorganic contamination, stable in its physical and chemical composition with concentrations of trace and majority elements within the limits established by law. It is odorless and colorless water with a pleasant light taste.

CHEMICAL COMPOSITION:

pH 6,46; HCO_3^- 46,7mg/L; Cl^- 18mg/L; Na^+ 25mg/L; Ca^{2+} 1,8mg/L; SiO_2 57mg/L; Dry Residue 137mg/L



Soft drinks with and without gas
Ice teas

Soft Drinks (2L)	Gas	Without Gas
Orange	X	X
Pineapple	X	X
Apple		X
Peach		X
Lemon		X
Passion Fruit-Orange		X
Mango-Orange		X
Tropical		X
Cola	X	
Soda	X	
Lime-Lemon	X	
Ice Tea		
Lemon		X
Mango		X
Peach		X



DRINK

Juice drinks with and without gas (PET)

Juice Drinks (1,5L)	Gas	Without Gas
Orange	X	X
Pineapple	X	X
Apple		X
Peach		X
Lemon		X
Passion Fruit-Orange		X
Mango-Orange		X
Tropical		X
Cola	X	
Soda	X	
Lime-Lemon	X	



DRINK Ice Tea

Ice Tea (PET/BRICK)
Ice Tea Light (BRICK) ^{less sugar} 90%

Ice Tea	PET 1,5L	BRICK 1,5L	BRICK 20cl
Lemon	X	X	X
Peach	X	X	X
Mango	X	X	X

Ice Tea (Light)	PET 1,5L	BRICK 1,5L	BRICK 20cl
Lemon	X	X	X
Peach	X	X	X
Mango	X	X	X



**coming
soon**



DRINK
Nectar



Outeirinho,
Turismo e Indústria, S.A
Silvares - S. Martinho
Apartado 293, 4824 - 909 Fafe
T +351 253 459 000
F +351 253 451 568

www.outeirinho.com.pt

Aguarela do Mundo,
Águas Nascente S.A.,
Zona Industrial, Ulme,
2140 - 385 Ulme
T +351 249 778 060
F +351 249 778 062